Windsor High School Cross Country 2026 *(revised 9/22/26)*

Day	Date	Opponent	Times	Location	Who?	Notes	Release
Monday	*8/10/26*	*First Day of Practice*				*must be cleared to practice*	
Thursday	*8/20/26*	*Parents Info Meeting*	*6:00 PM*	*Windsor HS*	*parents & guardians!*		
Friday	**8/28/26**	**Sonoma Twilight 3200**	**7:00 PM**	**Maria Carrillo HS**	**all**		
Thursday	*9/3/26*	*Team Photos*	*4:00 PM*	*meet at WHS track, wear uniforms*	*Paul Murphy Photography*		
Monday	*9/7/25*	*Labor Day (no school)*					
Saturday	**9/12/26**	**Viking Opener**	**9:00 AM**	**Spring Lake, Santa Rosa**	**all**		
Saturday	**9/19/26**	**Eye Opener Invite**	**9:00 AM**	**Schollenberger Park, Petaluma**	**frosh / soph / JV**		
Tuesday	**9/22/26**	**NBL Quad-Meet (MCHS, Analy, Monty)**	**4:00 PM**	**Spring Lake, Santa Rosa**	**all**	**Windsor Hosts**	**1:30 PM**
Friday	*9/25/26*	*Nike Portland XC*		*travel & overnight*	*varsity*		*noon*
Saturday	**9/26/26**	**Nike Portland XC**		**Blue Lake Regional Park, Portland, OR**	**varsity**		
~~**Saturday**~~	~~**10/3/26**~~	~~**Artichoke Invitational**~~		~~**Half Moon Bay**~~	**all**	**CANCELLED**	
Wednesday	**9/30/26**	**Frosh/Soph 1600 Time Trial (intersquad)**	**7:00 PM**	**Windsor HS**	**JV**		
Thursday	*10/8/26*	*Clovis ASICS Invite*		*travel & overnight*	*varsity*		*11:00 AM*
Friday	**10/9/26**	**Clovis ASICS Invite**	**7:00 AM**	**Woodward Park, Clovis, CA**	**varsity**		**all day**
Monday	*10/12/26*	*Teacher Development Day (no school)*					
Wednesday	**10/14/26**	**NBL Tri-Meet (MCHS, Santa Rosa)**	**4:00 PM**	**Spring Lake, Santa Rosa**	**all**	**senior day**	**1:30 PM**
Wednesday	*10/21/26*	*Make up day for any postponed NBL*	*4:00 PM*	*Spring Lake, Santa Rosa*		*only if needed*	*1:30 PM*
Saturday	**10/24/26**	**Haystack Tune-Up**	**9:00 AM**	**Hayward HS**	**all**	**tentative**	
Saturday	**11/7/26**	**NBL Championships**	**9:00 AM**	**Spring Lake, Santa Rosa**	**all**		
Wednesday	*11/11/26*	*Veteran's Day (no school)*					
Saturday	**11/21/26**	**NCS Championships**	**9:00 AM**	**Hayward HS**	**varsity only**		
Saturday	**11/28/26**	**CA State Championships**	**9:00 AM**	**Woodward Park, Clovis, CA**	**varsity only**		
Thursday	*12/3/26*	*End of Season Celebration*	*6:00 PM*	*To be determined*	*everyone + families!*		

Head Coach	Ruben DiRado, 707-799-7218
Assistant Coach	Jamie Williams, 661-965-6920
Assistant Coach	Carlos Mendez,
Team Website:	https://www.windsorhighrunning.com/xc