

Windsor Cross Country 2026

Summer Schedule, Rev. 5/28/26

Week#	Monday of Week	Monday @ 8am	Tuesday @ 8am	Wednesday @ 8am	Thursday 8am	Friday	Saturday 8:30am	Sunday
1	6/15	Riverfront Park	WHS Track / Circuits	on your own	WHS Track / Circuits	on your own	Annadel - long run	Walk or ride bike
2	6/22	Riverfront Park	WHS Track / Circuits	on your own	WHS Track / Circuits	on your own	Annadel - long run	Walk or ride bike
3	6/29	Riverfront Park	WHS Track / Circuits	on your own	Riverfront Park	on your own	Volunteer / Run @ Kenwood Footrace	Walk or ride bike
4	7/6	Riverfront Park	WHS Track / Circuits	Foothill Park - Hills	WHS Track / Circuits	on your own	Annadel - long run	Walk or ride bike
5	7/13	Riverfront Park	WHS Track / Circuits	Foothill Park - Hills	Riverfront Park	on your own	Point Reyes Long Run	Walk or ride bike
6	7/20	Riverfront Park	WHS Track / Circuits	Foothill Park - Hills	WHS Track / Circuits	on your own	Point Reyes Long Run	Walk or ride bike
7	7/27	Riverfront Park	"mini-camp" in Marin	"mini-camp" in Marin	"mini-camp" in Marin	on your own	Annadel - long run	Walk or ride bike
8	8/3	Riverfront Park	WHS Track / Circuits	Foothill Park - Hills	Riverfront Park	on your own	Point Reyes Long Run	Walk or ride bike