

Windsor High School						
Track & Field 2025 - updated 3/14/25						
Date	Day	Teams	Times	Location	Early Release	Notes
2/10/25	Mon	President's Day Holiday				
2/11/25	Tue	First Day of Season				
2/21/25	Fri	Inter-Squad Scrimmage	4:00 PM	Windsor - home meet		
3/1/25	Sat	Big Cat Invitational		Santa Rosa HS		
3/5/25	Wed	TEAM PHOTO DAY		at WHS track		bring your uniform
3/8/25	Sat	Bob Warren		Acalanes HS		Sprints, jumps, throws
3/8/25	Sat	Gaucha Invite		Casa Grande HS		Distance only
3/15/25	Sat	Field Events Jamboree		Santa Rosa HS		throwers & jumpers
3/17-3/21	M-F	--Spring Break--				
3/21/25	Fri	Dublin Distance Fiesta		Dublin HS, Dublin	none- Spring Break	school van needed, distance only
3/22/25	Sat	Dublin Distance Fiesta		Dublin HS, Dublin		school van needed, distance only
3/22/25	Sat	Coach Caccavo Memorial		Pittsburg HS		no distance
3/29/25	Sat	North Coast Extravaganza		Ukiah HS		mostly relays
4/2/25	Wed	Santa Rosa	3:45 PM	Santa Rosa HS	1:00 PM	NBL Dual #1
4/4/25	Fri	Stanford Invitational		Stanford University, Palo Alto	tbd	if anyone qualifies by 3/22
4/5/25	Sat	Stanford Invitational		Stanford University, Palo Alto		if anyone qualifies by 3/22
4/9/25	Wed	Middle School Meet		Windsor Track	3:00 PM	HS helping
4/11/25	Fri	--No school--				
4/15/25	Tue	Montgomery	3:45 PM	Windsor - home meet	2:10 PM	NBL Dual #2
4/17/25	Thur	Middle School Meet		Windsor Track	3:00 PM	HS helping
4/19/25	Sat	Viking Track Classic		Montgomery HS		
4/21/25	Mon	--No school--				
4/23/25	Wed	Maria Carrillo	3:45 PM	Maria Carrillo HS	1:00 PM	NBL Dual #3
4/30/25	Wed	Analy	3:45 PM	Windsor - home meet	2:10 PM	NBL Dual #4
5/6/25	Tues	NBL Prelims	2:00 PM	Ukiah HS	11:30 AM	1 school van needed
5/8/25	Thur	NBL Finals	2:00 PM	Ukiah HS	11:30 AM	2 school vans needed
5/17/25	Sat	NCS - Redwood Empire	10:00 AM	Fortuna HS	early release noon on Fri 5/16 for drive to Arcata	2 school vans needed, Friday overnight in Arcata
5/23/25	Fri	NCS Meet of Champions		Dublin HS, Dublin, CA	20	
5/24/25	Sat	NCS Meet of Champions		Dublin HS, Dublin, CA		
5/30/25	Fri	Calif State Championships		Buchanan HS, Clovis, CA		
5/31/25	Sat	Calif State Championships		Buchanan HS, Clovis, CA		