



Parent Meeting Agenda – Thursday Feb 12 - 6:30pm-7:15pm at School Library



[Join BAND group](#)

Welcome!

Intro to philosophy / coach staff

Communications

“BAND App” – reminders and notices via text

windsorhighrunning.com – links to schedules, volunteer sign ups, plans, meet entries, records, etc

Athletic.net, Redwoodempirerunning.com – for meet information and results

Season Schedule

Competitions – starting in March through May; Uniforms issued week of 3/2

Picture Day – Wed, Mar 10 (be on time with uniform)

Fundraising – **Schoolfundr** & Windsor Half Marathon/10k/5K, Sat May 16

End of Season Celebration – Wed, May 13

Volunteers Needed!

Fundraising – see above

Car Pool Drivers to Meets

Meet Hosting (NBL Meets Wed 4/1, Wed 4/22 + NBL Finals 5//5 & 5/7!)

TEAM STORE IS OPEN until 2/17 - <https://bsnteamssports.com/shop/D6qWZQhjNq>

Questions?



Guiding Philosophy

Purpose: foster physical, intellectual, & emotional growth through the healthy challenges that sports provides.

Fun, Safe, Encouraging Learning Environment...

Safety and Health– aware of risks, follow simple rules; injury avoidance / treatment

Respect - toward teammates, competition, coaches, volunteers, officials

Fun! – try new things in a consequence free environment, always with good humor!

Learning – sports skills and handling new, challenging situations (self awareness)

Open Communication - goes both ways, questions always welcomed

EXPECTATIONS: Athlete/Parent/Coach Contract – *reference of expectations for team participation*

...and we are a Competitive Team

We compete in North Bay League (NBL) of North Coast Section (NCS)

Top Value is **IMPROVEMENT**, no matter where you are starting from

Appropriate ramp up in skills, fitness, and competitive opportunities

Range of ability/experience from novice to intermediate to advanced

WORKOUT ENVIRONMENT IS “SACRED” – RESPECT THE PROCESS



Important Dates!

Competitions – starting in March through May
(see windsorhighrunning.com for most up-to-date schedule)

Uniforms Issued – week of 3/2

Picture Day – Tues, Mar 10

Home Meets - Wed April 1, Wed April 22 & NBL FINALS 5/5 and 5/7 (Windsor hosts)

Fundraising – Windsor Half Marathon, May 16

League Finals – May 5 and 7; **Redwood Empire** – May 16 (all at SRJC)

End of Season Celebration – Wed, May 13 – Huerta Gym



Fundraising

Funds used primarily for **equipment, uniforms, meet entry fees, and this year some overnight lodging expenses**

We have about 75 athletes, and need about \$7500 per season

We have two major fundraising efforts:

- **Schoolfundr** (basically a GoFundMe model) – better than SnapRaise, extremely low transaction fee; will kick-off next week.
 - Or you can also make a **direct contribution** to T&F account if you would prefer to opt out of Schoolfunder participation.
- Staff a **volunteer crew** for Windsor Half Marathon / 10K / 5K on May 16 – fun way to connect with others while raising a meaningful proportion of our annual budget





Volunteers are Crucial to Our Success - **“Many Hands Make Light Work”!**

- Home Meet Hosting (NBL Meets 4/1 & 4/22) –
- NBL FINALS 5/5 and 5/7
easy and fun, close to the action - *requires a willingness to learn a simple job to help in future meets and to train future volunteers*
- Fundraising – May 16 Half Marathon Event
- Season End Celebration – awards and pizza party!
- Car-Pool Drivers to Meets



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Thanks for Listening....Questions?