Windsor High
CROSS COUNTY 2026
MEET ITINERARY
(rev 261101)

NBL XC CHAMPIONSHIPS
Saturday, November 7, 2026
Spring Lake Park, Santa Rosa

LIVE RESULTS: https://fordtiming.us/results

IMPORTANT INFO FOR ATHLETES/PARENTS!

Parking: THREE OPTIONS: *(see map on p.2)*
Both (1) and (2) will require a half-mile walk to the start area and both require Sonoma County Parks parking pass OR $8 parking fee at the toll booth.
(1) NEWANGA ENTRANCE: 5585 Newanga Ave, Santa Rosa, CA 95405. If you arrive before 8:30am, parking may still be available at the Oak Knolls Parking area. You may only park in designated parking spots or in the gravel horse trailer parking.
(2) SPRING LAKE LAGOON ENTRANCE. 393 Violetti Rd, Santa Rosa. There will be plenty of parking between both Oak Knolls and Spring Lake Lagoon.
(3) HOWARTH PARK: Parking is free, but requires 1 mile+ walk to the start.

Schedule:
We will have our team tent set up along Spring Lake nearby the Start/Finish area. Please plan to arrive at the team tent to affix your race number no later than the time indicated. **GIVE YOURSELF EXTRA TIME to wait in parking line, park, and walk to the team area**. Please stay, support your teammates and attend the awards presentation after your race if you are able.

Race	Race Start	Arrive at Team Tent *no later than…*	Lineups
JV - Frosh Boys	8:50am	7:40am	Eli, Blake, Anthony, Jack, Caden, Landon, Alex, Aaron
JV Girls	9:25am	8:00am	Addie, Alejandra
JV Soph/ Junior/ Senior Boys	10:00am	8:30am	Freddy, Tomas, Diego, Mason
Varsity Girls	10:45am	9:15am	Emily, Emma, Darla, Annaleigh, Audrey, Eleanor, Amelia (wear the violet uniforms!)
Varsity Boys	11:20am	10:00am	Michael, Corbin, Arath, Gavin, Henry, Omar, Liam
Team Award Presentation	noon		

Any questions, contact WHS Coach Ruben DiRado at 707-799-7218 …Keep checking on our Team Website for updates windsorhighrunning.com/xc

GO JAGUARS!!

(course map and awards info on page 2…)

Awards:

TEAM MEDALS	**INDIVIDUAL MEDALS (combined Redwood+Oak)**
Top 3 VB Redwood Teams	Top 10 Frosh Boys
Top 3 VB Oak Teams	Top 10 JV Girls
Top 3 VG Redwood Teams	Top 10 JV Boys
Top 3 VG Oak Teams	Top 21 Varsity Girls
	Top 21 Varsity Boys

Course Map:

