Windsor High
CROSS COUNTY 2026
MEET ITINERARY
(rev 261018)

Haystack Tune-up
hosted by Hayward High School
Saturday, October 24, 2026
1633 East Ave, Hayward, CA 94541

Meet website: https://www.athletic.net/CrossCountry/meet/276210/info
Live Results: https://live.adkinstrakwest.com/meets/79525

IMPORTANT INFO FOR ATHLETES/PARENTS!

Team Transit: Athletes are taking a WUSD van or parent/coach carpool to the meet. **Be at WHS gym parking area at 6:15am for 6:20am bus departure**. It will require 90+ minutes to drive from Windsor to Hayward. We plan to arrive on the course sometime around 8:00am to 8:15am. Athletes may return home afterwards with parents (please inform Coach). Plan for the van to stop in Novato for 30 min lunch break at Chipotle on our way back. Expect van to return to Windsor HS by 1:30pm.

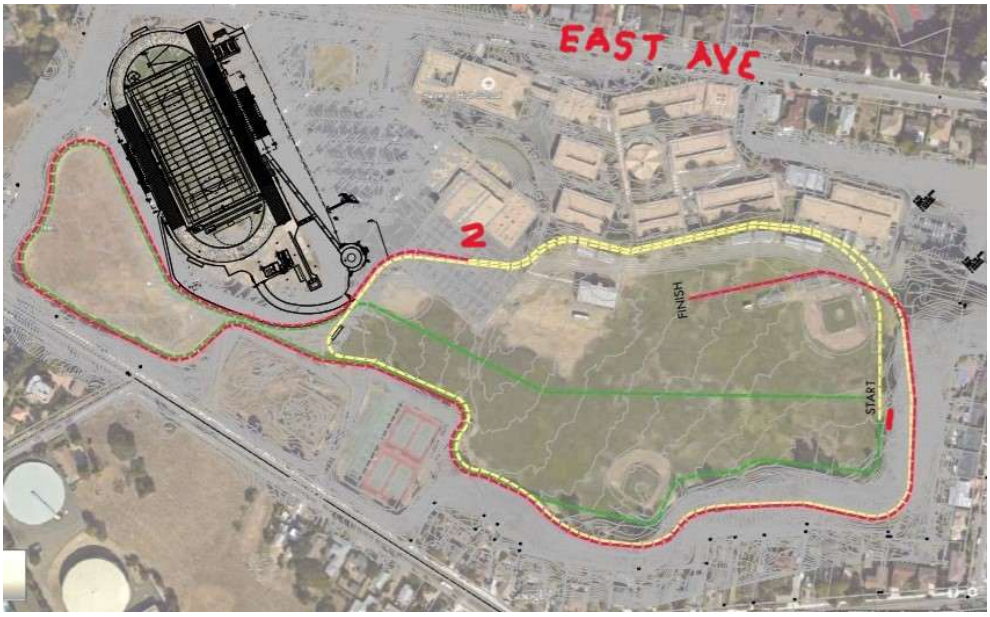
Parking: $10 to park at on-campus student lot of East Ave. Loading zone will be at the front of the school on East Avenue. Free parking may be found on East Avenue and Second Street (plan on 5-to-10-minute walk to the course). Handicap parking is limited but will be free.

Schedule: Please plan on cool early morning weather. *Remember your uniform and running shoes!* Team tent will be set up on asphalt near the gym (near the "2" on map below). Breakfast burritos, tacos, drinks on-sale. Haystack Tune up T-shirts will be available for purchase

Race	Race Start	Lineups
Large School Frosh-Soph Boys	9:25am	Caden Brunner, Landon Fichtelman, Freddy Glavtchev, Anthony Gonzalez, Tomas Hernandez, Henry Mahon, Diego Maldonado, Blake Roberti, Jack Setzer, Liam Wilch
Frosh-Soph Girls	10:25am	Adalynn Lovett, Amelia Mahon, Eleanor Mahon

Awards: Top 30 in each race will get a medal.

Course: North Coast Section Championships course. 3 miles: 3 loops of mostly flat grass, dirt, and asphalt surface. (Green is Mile 1, Yellow is Mile 3, Red is Mile 3 on map)



Any questions, contact WHS Coach Ruben DiRado at 707-799-7218 …Keep checking BAND for updates..